



Forest School Activity Programme

Theme: Trees Plants and Growing Key stage 1

School

Group Details: -

Forest School Leader:- Sandra and Helen
Accompanying Adults: Teachers and Teaching Assistants

Date:

Introductory Activities – Walk around Big Pool

- Listen to the whispering Trees
- Leaf /bark texture and colour/scent
- Discuss and look for Deciduous/ evergreen Trees
- Basic Tree Identifications and methods – deciduous/ evergreen
- Native and Non Native

Activities on the Forest School Site

- Cooking on the fire – Toast on the fire
- Natural Face painting – Clay and Charcoal
- Natural Art with clay and Charcoal
- Mud Kitchen
- Hapazome leaf printing on calico
- Bark and leaf rubbings
- Mini Beast hunting
- Den building

The two groups to have their own lunches/ first aiders etc as they could be on different sites weather depending

Resources:

First Aid kit
Forest School Safety bag
Resources for natural Craft
Bug pots
Bread, butter, Jam
Calico

Session Structure:

10 am –Arrive, Introductions, Toilets and safety briefing

10.30am –Short walk around the main pool for introductory talk and tree discussion

11am – Split in to 2 groups of 30
Head to forest school site for activities

12 – 12.30/45 – Lunch –

12.30/45 – 1.15 Continue activities.
1.30 - Tidy up and gather for feedback and discussion

1.45 Leave forest school site for the visitors centre

2.00pm gather at Visitors Centre for Toilets and prepare to leave
2.20pm Load the coaches
2.30pm Coach departs

*All timings are approximate and are dependent on the group, the group size the activities and the weather conditions
Groups of 30 or more may need to be split into two groups

Weather:
Comments/Feedback/Reflection:

Aims

- To approach outdoor learning experiences positively
- To try new activities and initiate ideas
- To operate independently within the outdoor environment
- Safety: To show awareness of the boundaries set and behaviour expectations for the site and activities by following instructions.
- For the forest school leader and accompanying adults to show adaptability during the session
- Health: To appreciate a need for hygiene in the outdoors
- To build self-esteem and self confidence
- To promote team building and trust.
- To learn to care for one self, others and have an understanding of the natural environment
- To increase communications skills and create listening opportunities.
- To promote opportunities for exploration and discovery
- To be healthy and active

Purchase/Obtain/Prepare:

Bread
Butter
Jam
Gluten Free tbc?

Learning Outcomes

- ART
 - Creative Imagination
 - Design
 - Practical Application
 - English:
 - Discussion, imagination development of language
 - Using different materials
- English:
 - Discussion, imagination development of language
 - Communication Team work
 - Listen and respond to instructions
 - Participate in Discussions
- D T:
 - Building,
 - Drawing, planning, Imagination, Creating
 - Using equipment
- SCIENCE:
 - Understanding of natural processes
 - Use of materials for a purpose
 - Material Properties
 - Identifying and Classifying
 - Observations
 - Change of state
 - Fire Triangle
- MATHS
 - Measuring, length, estimation
 - Balance and forces
 - Critical thinking
- GEOGRAPHY
 - Weather
 - Seasons
 - Continents
- PE
 - Taking part in outdoor and adventurous activities

